

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>

Mon	Tue	Wed	Thu	Fri	Sat/Promos
2. 0830-RB Boot Camp 0935 RB Back-to-Me cardio blac	3.	4. 0800 RB Chisel/HIIT w/Rocky 0930 RB Zumba w/Viviana	5. 1730 RB Spin w/Rocky	6.	7.
9. CLOSED FOR COLUMBUS DAY Patch open from 0730-1500	10.	11. 0800 RB Chisel/HIIT w/Rocky 0930 RB Zumba w/Viviana	12. 1730 RB Spin w/Rocky	13.	14.
16.	17.	18. 0930 RB Zumba w/Viviana	19.	20.	21. GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes
23. 0830-RB Boot Camp 0935 RB Back-to-Me cardio blac	24.	25. 0800 RB Chisel/HIIT w/Rocky 0930 RB Zumba w/Viviana	26. 1730 RB Spin w/Rocky	27.	28. CYS HARVEST FEST @1200 GREAT PUMPKIN RUN@1500 ANGELS & DEMONS @ 1800
30. 0830-RB Boot Camp 0935 RB Back-to-Me cardio blac	31. HAPPY HALLOWEEN! 				Monthly Updates CLOSED FOR COLUMBUS DAY OCT. 9 PATCH OPEN FROM 0730-1500 Coming soon.....Group Fitness Monthly Memberships!!