

# Panzer Fitness Center



June 2023

| MONDAY                                              | TUESDAY                             | WEDNESDAY                                                                                | THURSDAY                                             | FRIDAY                                              | SATURDAY                                                         |
|-----------------------------------------------------|-------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------------|
|                                                     |                                     |                                                                                          | 1<br><del>0915 Bheemashakti<br/>Yoga w/ Robin</del>  | 2<br>0900 Total Body Blast w/<br>Erica              | 3                                                                |
| 5<br>0900 Total Body Blast<br>w/ Erica              | 6<br><del>0915 Yoga w/ Robin</del>  | 7<br>0900 Total Body Blast w/<br>Erica<br><del>1715 Cardio Kickboxing<br/>w/ Biby</del>  | 8<br><del>0915 Bheemashakti<br/>Yoga w/ Robin</del>  | 9<br>0900 Total Body Blast<br>w/ Erica              | 10                                                               |
| 12<br><del>0900 Total Body Blast<br/>w/ Erica</del> | 13<br><del>0915 Yoga w/ Robin</del> | 14<br><del>0900 Total Body Blast w/<br/>Erica</del><br>1715 Cardio Kickboxing<br>w/ Biby | 15<br><del>0915 Bheemashakti<br/>Yoga w/ Robin</del> | 16<br><del>0900 Total Body Blast w/<br/>Erica</del> | 17                                                               |
| 19<br>Federal Holiday<br>No Classes                 | 20<br><del>0915 Yoga w/ Robin</del> | 21<br>0900 Total Body Blast w/<br>Erica<br>1715 Cardio Kickboxing<br>w/ Biby             | 22<br><del>0915 Bheemashakti<br/>Yoga w/ Robin</del> | 23<br>0900 Total Body Blast w/<br>Erica             | 24                                                               |
| 26<br>0900 Total Body Blast<br>w/ Erica             | 27<br><del>0915 Yoga w/ Robin</del> | 28<br>0900 Total Body Blast w/<br>Erica<br>1715 Cardio Kickboxing<br>w/ Biby             | 29<br><del>0915 Bheemashakti<br/>Yoga w/ Robin</del> | 30<br><del>0900 Total Body Blast w/<br/>Erica</del> | Group Fitness<br>Classes<br>\$5/class or \$45 for<br>ten coupons |