



INTRODUCING

Laya Smothers

Massage Therapist



Since high school, I've felt drawn to the art of massage therapy. Even though my path took me through many different directions before arriving here, every experience along the way has shaped the therapist I've become today. What has always remained the same is my passion for helping people feel their best—physically, mentally, and emotionally.

For me, massage is more than just a service; it's a way to create connection, comfort, and healing. I love being the reason someone leaves with a lighter heart, a brighter smile, and a body that feels renewed. I strive to create a safe, calming space where you can fully let go and feel truly cared for.

EDUCATION & CERTIFICATIONS

- Swedish
- Hot Stone
- Cupping Therapy
- Prenatal