## ARMY 10 MILER QUALIFIER MAY 3, 8 a.m.

## Registration Form

I know that running a road race is a potentially hazardous activity and I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to compete the run safely. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts. I waive and release U.S. Army Garrison Stuttgart, Sports & Fitness, from all claims and liabilities of any kind arising out of my participation in this event. Further, I grant permission to all the foregoing to use photographs, motion pictures, recordings or any other records of these events for any legitimate purchase. I understand that bicycles, skateboards and roller skates or blades are not allowed in the race, and I will abide by this quideline. Further, I understand that this race is open only to US ID cardholders. DoD Civilians and Family members must be 18 years and older and out of high school. Participants will be held to the honor system. For Active Duty: I understand that U.S. Air Force, Navy or Marines whose duty station is within USAG Stuttgart and who are not participating in their respective forces organized program are authorized to participate as members of NATO Forces assigned to U.S. Army units in the Europe Region.

All Active Duty Servicemembers wishing to qualify for the IMCOM-E/USAREUR team must validate that they started no earlier than 7 a.m. and no later than 9 a.m. All runners are highly encouraged use either Strava or Garmin Connect to track their race. Any other apps used may require an additional timed run to verify runner's capability to perform at the level they have submitted. Verification of race time must be submitted no later than 12 p.m. on May 3, 2025 to <a href="mailto:StuttgartMWRFitnessCoordination@army.mil">StuttgartMWRFitnessCoordination@army.mil</a>

First Name: Date of Birth:
Last Name: Phone Number:

Branch of Service: Status: Unit: DEROS: Signature: