



INTRODUCING

Julie Morelli
Group Exercise Instructor



I believe that fitness is more than just a workout. It is building a healthy lifestyle that makes you feel as great on the inside as you look on the outside. I have been a certified group fitness instructor for 11 years. Before I had my three children I was working as a registered nurse in labor and delivery, but I wanted something that allowed me flexible hours to spend more time home. I love assisting women in finding their inner athlete through exercise. I have always worked out with S.L.A.M. Sweat Like A Mother in a group setting and I love to share this community with others! It has been a huge part of my motherhood journey.

EDUCATION & CERTIFICATIONS

- BSN University of North Georgia
- American Council on Exercise (ACE) - Certified Group Fitness Instructor
- Certified Pregnant and Postpartum Athleticism Coach



Stuttgart Sports & Fitness

Panzer - Patch - Kelley - Robinson

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