

Panzer Fitness Center



June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 0900 Total Body Blast w/ Erica	3 0915 Vinyasa Yoga w/ Robin	4 0900 Total Body Blast w/ Erica	5 0915 Yoga for Strength & Mobility w/ Robin	6 0900 Total Body Blast w/ Erica	7
9 0900 Total Body Blast w/ Erica *Weather pending, class will be held outdoors otherwise cancelled in support of Blood Drive	10 0915 Vinyasa Yoga w/ Robin *Weather pending, class will be held outdoors otherwise cancelled in support of Blood Drive	11 0900 Total Body Blast w/ Erica	12 0915 Yoga for Strength & Mobility w/ Robin	13 0900 Total Body Blast w/ Erica	14
16 0900 Total Body Blast w/ Erica	17 0915 Vinyasa Yoga w/ Robin	18 0900 Total Body Blast w/ Erica	19 Federal Holiday No Classes	20 0900 Total Body Blast w/ Erica	21
23 0900 Total Body Blast w/ Erica	24 0915 Vinyasa Yoga w/ Robin	25 0900 Total Body Blast w/ Erica	26 0915 Yoga for Strength & Mobility w/ Robin	27 0900 Total Body Blast w/ Erica	28
30 0900 Total Body Blast w/ Erica					Group Fitness Classes \$6/class or \$54 for 10 Classes