

Panzer Fitness Center



April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Group Fitness Classes \$5/class or \$45 for 10 coupons	1 0915 Vinyasa Yoga w/ Robin	2 0900 Total Body Blast w/ Erica	3 0915 Yoga for Strength & Mobility w/ Robin	4 0900 Total Body Blast w/ Erica	5
7 0900 Total Body Blast w/ Erica	8 0915 Vinyasa Yoga w/ Robin	9 0900 Total Body Blast w/ Erica	10 0915 Yoga for Strength & Mobility w/ Robin	11 0900 Total Body Blast w/ Erica	12
14 0900 Total Body Blast w/ Erica	15 0915 Vinyasa Yoga w/ Robin	16 0900 Total Body Blast w/ Erica	17 0915 Yoga for Strength & Mobility w/ Robin	18 0900 Total Body Blast w/ Erica	19
21 0900 Total Body Blast w/ Erica	22 0915 Vinyasa Yoga w/ Robin	23 0900 Total Body Blast w/ Erica	24 0915 Yoga for Strength & Mobility w/ Robin	25 0900 Total Body Blast w/ Erica	26
28 0900 Total Body Blast w/ Erica *Weather pending, may meet outdoors	29 0915 Vinyasa Yoga w/ Robin	30 0900 Total Body Blast w/ Erica *Weather pending, may meet outdoors			

Group Fitness Classes