

PANZER FITNESS CENTER

CIV: +49 09641-70596-2427 / DSN: 596-2427

August 2026

MON	TUE	WED	THU	FRI	SAT	SUN
3 0900 Total Body Blast w/ Erica	4 0915 Vinyasa Yoga w/ Robin	5 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	6 0915 Yoga for Strength & Mobility w/ Robin	7 0900 Total Body Blast w/ Erica	8	9
10 0900 Total Body Blast w/ Erica	11 0915 Vinyasa Yoga w/ Robin	12 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	13 0915 Yoga for Strength & Mobility w/ Robin	14 0900 Total Body Blast w/ Erica	15	16
17 0900 Total Body Blast w/ Erica	18 0915 Vinyasa Yoga w/ Robin	19 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	20 0915 Yoga for Strength & Mobility w/ Robin	21 0900 Total Body Blast w/ Erica	22	23
24 0900 Total Body Blast w/ Erica	25 0915 Vinyasa Yoga w/ Robin	26 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	27 0915 Yoga for Strength & Mobility w/ Robin *Class meets outside pending weather, otherwise cancelled.	28 0900 Total Body Blast w/ Erica	29	30
31 0900 Total Body Blast w/ Erica						Cost: \$6/class or \$54 for 10.