

Patch Fitness Center



June 2023

Group Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
- T/Th 1130 Yoga classes meet at Patch Library. - All other morning classes meet at old elementary school on Panzer.			0900 Kickboxing* w/ Erica 1015 Zumba w/ Wilfa 1130 Yoga w/ Bobbi 1700 Zumba w/ Wilfa	0900 Zumba w/ Biby	
0900 Zumba w/ Biby	1015 Zumba w/ Wilfa 1130 Yoga w/ Robin 1700 Zumba w/ Wilfa	0930 Zumba w/ Wilfa	0900 Kickboxing* w/ Erica 1015 Zumba w/ Wilfa 1130 Yoga w/ Bobbi 1700 Zumba w/ Wilfa	0900 Zumba w/ Biby	
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Federal Holiday No Classes	1015 Zumba w/ Wilfa 1130 Yoga w/ Robin 1700 Zumba w/ Wilfa	0930 Zumba w/ Wilfa	0900 Kickboxing* w/ Erica 1015 Zumba w/ Wilfa 1130 Yoga w/ Bobbi 1700 Zumba w/ Wilfa	0900 Zumba w/ Biby	Classes subject to instructor availability
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