

Panzer Fitness Center



May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Group Fitness Classes \$5/class or \$45 for 10 coupons			1 0915 Yoga for Strength & Mobility w/ Robin	2 0900 Total Body Blast w/ Erica	3
5 0900 Total Body Blast w/ Erica	6 0915 Vinyasa Yoga w/ Robin	7 0900 Total Body Blast w/ Erica	8 0915 Yoga for Strength & Mobility w/ Robin	9 0900 Total Body Blast w/ Erica	10
12 0900 Total Body Blast w/ Erica	13 0915 Vinyasa Yoga w/ Robin	14 0900 Total Body Blast w/ Erica	15 0915 Yoga for Strength & Mobility w/ Robin	16 0900 Total Body Blast w/ Erica	17
19 0900 Total Body Blast w/ Erica	20 0915 Vinyasa Yoga w/ Robin	21 0900 Total Body Blast w/ Erica	22 0915 Yoga for Strength & Mobility w/ Robin	23 0900 Total Body Blast w/ Erica	24
26 Federal Holiday No Classes	27 0915 Vinyasa Yoga w/ Robin	28 0900 Total Body Blast w/ Erica *Weather pending, may meet outdoors	29 0915 Yoga for Strength & Mobility w/ Robin	30 0900 Total Body Blast w/ Erica	31