

Kelley Fitness Center - January 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
Group Fitness Classes \$6/class or \$54 for 10.			1 Federal Holiday No Classes	2 1130 Fit & Fast in 45 w/ Tasneem	3
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5 1145 Lunchtime Zen w/ Bobbi	6 0730 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem	7 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	8 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	9 1130 Fit & Fast in 45 w/ Tasneem	10
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12 1145 Lunchtime Zen w/ Bobbi	13 0730 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem	14 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	15 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	16 1130 Fit & Fast in 45 w/ Tasneem	17
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19 Federal Holiday No Classes	20 0730 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem	21 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	22 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	23 1130 Fit & Fast in 45 w/ Tasneem	24
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26 1145 Lunchtime Zen w/ Bobbi	27 0730 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem	28 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	29 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	30 1130 Fit & Fast in 45 w/ Tasneem	31