

Panzer Fitness Center - December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
1 0900 Total Body Blast w/ Erica	2 0915 Vinyasa Yoga w/ Robin	3 0900 Total Body Blast w/ Erica	4 0915 Yoga for Strength & Mobility w/ Robin	5 0900 Total Body Blast w/ Erica	6
					7
8 0900 Total Body Blast w/ Erica	9 0915 Vinyasa Yoga w/ Robin	10 0900 Total Body Blast w/ Erica	11 0915 Yoga for Strength & Mobility w/ Robin	12 0900 Total Body Blast w/ Erica	13
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15 0900 Total Body Blast w/ Erica	16 0915 Vinyasa Yoga w/ Robin	17 0900 Total Body Blast w/ Erica	18 0915 Yoga for Strength & Mobility w/ Robin	19 0900 Total Body Blast w/ Erica	20
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22 0900 Total Body Blast w/ Erica	23 0915 Vinyasa Yoga w/ Robin	24 0900 Total Body Blast w/ Erica	25 Federal Holiday No Classes	26 0900 Total Body Blast w/ Erica	27
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29 0900 Total Body Blast w/ Erica	30 0915 Vinyasa Yoga w/ Robin	31 0900 Total Body Blast w/ Erica		Group Fitness Classes \$6/class or \$54 for 10.	