



Date Received:

Date Approved:

ODR Staff

## Activity Request Form

Warrior Adventure Quest (WAQ) is a Department of the Army initiative, by executive order (Execution Order 09-019) to provide high-adventure outdoor recreation programs as part of team building and the Army's holistic approach to RESET. The program is set up to host a platoon or team size element.

Warrior Adventure Quest is a fully funded resiliency training for **ALL** Army units. Non-deploying units can attend once every two years while units who are 120 days prior to deployment or 120 days after deployment can attend during that period, once a year from the date of participation.

The program is designed to strengthen Soldiers resilience and build strong bonds that will last throughout deployment, and help mitigating common high-risk behaviors post deployment.

### Unit Responsibilities

**Leader Training:** A representative in a leadership roll must attend a leader training prior to their scheduled activity. Leader Trainings are set by appointment for convince of both the ODR representative and your schedule. The meeting is approximately 30 min. in length.

**Soldier Training:** The Leader Trainer will receive guidance and materials at the Leader Training to brief WAQ participants on the benefits of the program, expectations, and setting the foundation to conduct a valuable training. A sign in roster will be required to track the training.

**Leader – Led After Action Debrief (L-LAAD):** Similar to, but not an AAR. Following the program, the Leader Trainer will guide discussion, which will be the critical tie into the teamwork and resilience concepts that the program emphasizes.

**Post Experience Survey:** **ALL** Soldiers must bring their CAC to the program. This will be used to screen the participant as an Active Duty Army Service Member and be used to track their DOD number. The survey uses **both the DOD ID # and SSN** to cross-reference the program efficiency.

- The WAQ program must fall on a regular duty day (**not** on a training holiday or federal holiday)
- Cannot fall on the same day as an Organizational Event
- Cannot exceed 12 hours
- Cannot take place outside of Germany

<b>Requested Date</b>	
<b>Time</b>	
<b>Activity</b>	
<b>Number of Participants</b>	

**Unit Status:**

Pre Deployment	Post Deployment	Other

Requesting POC	
Office Number	
Cell Number	
Email	

L-LAAD POC	
Office Number	
Cell Number	
Email	

Company	
Battalion	
Brigade	
Command	
UIC *Required*	

Company Commander	
Office Number	
Email	
Signature	

Program date will not be held until you submit this form and **receive confirmation**.  
Program may be canceled due to weather or other unforeseeable circumstances.

Email to: [jenny.m.tomaszewski.naf@mail.mil](mailto:jenny.m.tomaszewski.naf@mail.mil)

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