

PANZER FITNESS CENTER MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
					1
2 0900 Total Body Blast w/ Erica	3 0915 Vinyasa Yoga w/ Robin	4 0900 Total Body Blast w/ Erica	5 0915 Yoga for Strength & Mobility w/ Robin	6 0900 Total Body Blast w/ Erica	7
					8
9 0900 Total Body Blast w/ Erica	10 0915 Vinyasa Yoga w/ Robin	11 0900 Total Body Blast w/ Erica	12 0915 Yoga for Strength & Mobility w/ Robin	13 0900 Total Body Blast w/ Erica	14
					15
16 0900 Total Body Blast w/ Erica	17 0915 Vinyasa Yoga w/ Robin	18 0900 Total Body Blast w/ Erica	19 0915 Yoga for Strength & Mobility w/ Robin	20 0900 Total Body Blast w/ Erica	21
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23 0900 Total Body Blast w/ Erica	24 0915 Vinyasa Yoga w/ Robin	25 0900 Total Body Blast w/ Erica	26 0915 Yoga for Strength & Mobility w/ Robin	27 0900 Total Body Blast w/ Erica	28
					29
30 0900 Total Body Blast w/ Erica	31 0915 Vinyasa Yoga w/ Robin				