

# Panzer Fitness Center



February 2025

## Group Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1
3	4	5	6	7	8
0900 Total Body Blast w/ Erica	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	
10	11	12	13	14	15
0900 Total Body Blast w/ Erica	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	
17	18	19	20	21	22
<b>Federal Holiday No Classes</b>	<del>0915 Vinyasa Yoga w/ Robin</del>	0900 Total Body Blast w/ Erica	<del>0915 Yoga for Strength &amp; Mobility w/ Robin</del>	<del>0900 Total Body Blast w/ Erica</del>	
24	25	26	27	28	
<del>0900 Total Body Blast w/ Erica</del>	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	Group Fitness Classes \$5/class or \$45 for 10 coupons