

PANZER FITNESS CENTER

CIV: +49 09641-70596-2427 / DSN: 596-2427

July 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1 0900 Total Body Blast w/ Erica	2 0915 Yoga for Strength & Mobility w/ Robin	3 Federal Holiday Observed No Classes	4	5
6 0900 Total Body Blast w/ Erica	7 0915 Vinyasa Yoga w/ Robin	8 0900 Total Body Blast w/ Erica	9 0915 Yoga for Strength & Mobility w/ Robin	10 0900 Total Body Blast w/ Erica	11	12
13 0900 Total Body Blast w/ Erica *Class meets outside pending weather, otherwise cancelled.	14 0915 Vinyasa Yoga w/ Robin	15 0900 Total Body Blast w/ Erica	16 0915 Yoga for Strength & Mobility w/ Robin	17 0900 Total Body Blast w/ Erica	18	19
20 0900 Total Body Blast w/ Erica	21 0915 Vinyasa Yoga w/ Robin	22 0900 Total Body Blast w/ Erica	23 0915 Yoga for Strength & Mobility w/ Robin	24 0900 Total Body Blast w/ Erica	25	26
27 0900 Total Body Blast w/ Erica	28 0915 Vinyasa Yoga w/ Robin	29 0900 Total Body Blast w/ Erica	30 0915 Yoga for Strength & Mobility w/ Robin	31 0900 Total Body Blast w/ Erica		Cost: \$6/class or \$54 for 10.