

BIKE TO WORK WEEK

May 13 – 17, 2019

COMMUTER
TIPS

MAPS &
ROUTES

RIDE
GUIDES

PRIZES



DAILY SEMINARS

CYCLING ADVICE

ON SITE
MAINTENANCE

GROUP RIDE

More info or to volunteer contact HAMMER at Jeffrey.e.Pannaman.civ@mail.mil

MON	TUE	WED	THU	FRI
Kelley-Patch Patch-Kelley Route Ride Guides Depart @ 7 a.m.	Kelley-Patch Patch-Kelley Route Ride Guides Depart @ 7 a.m.	Kelley-Patch Patch-Kelley Route Ride Guides Depart @ 7 a.m.	Kelley-Patch Patch-Kelley Route Ride Guides Depart @ 7 a.m.	Kelley-Patch Patch-Kelley Route Ride Guides Depart @ 7 a.m.
DAILY SEMINARS 12 – 1 p.m. Mon-Fri at the Rally Tents				
Commuting How-To + Choosing the Right Bike	Gear, Safety and Lighting *NEW* E-Bikes!	DIY Bike Maintenance	Family Cycling	Bike Europe! Prize Raffle! Group Ride departs @ 3 p.m.
How to trade your car for a bike. Practical commuting tips; racks, packs, bags, maps--what do I need? Commuting in all seasons. What bike should I buy?	Bicycle safety, laws and rules: tips for safe commuting. See and be seen; what lighting do I need? What to wear? Racks, packs, lights and fenders. New! E-BIKES	Simple tips to keep your bike running smoothly. What tools should I keep in my bag and which ones should I leave at home? Oil? Grease? Tire Pressure?...	Making family cycling safe/enjoyable. Tips for trailers, child seats, and kids bicycles. Using the trains to extend your travels.	Wrap up the week with a leisurely-paced ride departing from both Patch and Kelley. Group Ride to Marbach am Neckar. @ 35Km 2- 2 ½ hour ride
GEAR DISPLAY AND DEMOS	GEAR DISPLAY AND DEMOS	Tire Change Demo	TRAILERS, CAR RACKS, KID BIKES GEAR	



Rally tents open Mon-Thu 7:30 – 8:30 a.m. and 11 a.m. – 1 p.m.

free fruit and drinks, maps, info & tips

Kelley Barracks: Near Stuttgart Theatre Center by Broadway Café

Patch Barracks: Adjacent Post Office

stuttgart.armymwr.com

