

December 2018 Group Fitness Classes Kelley Fitness Center

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 0711-729-2543

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes	Attention patrons: All Group X classes will be held in the upstairs room of the Kelley Theater until further notice.	* Denotes sub, new instructor, or new class.			1.
3. 1700 Zumba w/Theresa	4. 1130 Yoga w/Brienna	5. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	6. 1130 Yoga w/Brandy	7. 1000 Bootcamp w/ Mirka	8. 1130 Zumba w/ NaiNai
10. 1700 Zumba w/Theresa	11. 1130 Yoga w/Brienna	12. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	13. 1130 Yoga w/Brandy	14. 1000 Bootcamp w/ Mirka	15. 1130 Zumba w/ NaiNai
17. 1700 Zumba w/Theresa	18. 1130 Yoga w/Brienna	19. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	20. 1130 Yoga w/Brandy	21.	22. 1130 Zumba w/ NaiNai
24. 1000 Zumba w/Viviana	25. Merry Christmas 	26. 1130 Yoga w/Robin F.	27. 1130 Yoga w/Brandy	28.	29. 1130 Zumba w/ NaiNai