

Panzer Fitness Center



November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Group Fitness Classes \$6/class or \$54 for 10 coupons					1
3	4	5	6	7	8
0900 Total Body Blast w/ Erica	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	
10	11	12	13	14	15
0900 Total Body Blast w/ Erica	Federal Holiday No Classes	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	
17	18	19	20	21	22
0900 Total Body Blast w/ Erica	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	0915 Yoga for Strength & Mobility w/ Robin	0900 Total Body Blast w/ Erica	
24	25	26	27	28	29
0900 Total Body Blast w/ Erica	0915 Vinyasa Yoga w/ Robin	0900 Total Body Blast w/ Erica	Federal Holiday No Classes	0900 Total Body Blast w/ Erica	