

APRIL 2018 Group Fitness Classes Panzer Fitness Center

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 07031.15.2724

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
2. SPRING BREAK!! 	3. SPRING BREAK!! 1600 Butts & Guts w/ Mirka	4. SPRING BREAK!! 0900 HIIT X w/Sanel 1100 Yoga w/Robin F.	5. SPRING BREAK!! 0900 Butts & Guts w/ Mirka 1600 HIIT & Arms w/ Mirka	6. SPRING BREAK!! 0900 HIIT w/Sanel	7.
9. 0900 HIIT X w/Sanel	10. 1600 Butts & Guts w/ Mirka	11. 0900 HIIT X w/Sanel 1100 Yoga w/Robin F.	12. 0900 Butts & Guts w/ Mirka 1600 HIIT & Arms w/ Mirka	13. 0900 HIIT w/Sanel	14.
16. 0900 HIIT X w/Sanel	17. 1600 Butts & Guts w/ Mirka	18. 0900 HIIT X w/Sanel 1100 Yoga w/Robin F.	19. 0900 Butts & Guts w/ Mirka 1600 HIIT & Arms w/ Mirka	20. 0900 HIIT w/Sanel	21.
23. 0900 HIIT X w/Sanel	24. 1600 Butts & Guts w/ Mirka	25. 0900 HIIT X w/Sanel	26. 0900 Butts & Guts w/ Mirka 1600 HIIT & Arms w/ Mirka	27. 0900 HIIT w/Sanel	28.
30. 0900 HIIT X w/Sanel				GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes	* Denotes sub, new instructor, or new class