

PANZER FITNESS CENTER

CIV: +49 09641-70596-2427 / DSN: 596-2427

September 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1 0915 Vinyasa Yoga w/ Robin	2 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	3 0915 Yoga for Strength & Mobility w/ Robin	4 0900 Total Body Blast w/ Erica	5	6
7 Federal Holiday No Classes	8 0915 Vinyasa Yoga w/ Robin	9 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	10 0915 Yoga for Strength & Mobility w/ Robin	11 0900 Total Body Blast w/ Erica	12	13
14 0900 Total Body Blast w/ Erica	15 0915 Vinyasa Yoga w/ Robin	16 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	17 0915 Yoga for Strength & Mobility w/ Robin	18 0900 Total Body Blast w/ Erica	19	20
21 0900 Total Body Blast w/ Erica	22 0915 Vinyasa Yoga w/ Robin	23 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne	24 0915 Yoga for Strength & Mobility w/ Robin.	25 0900 Total Body Blast w/ Erica	26	27
28 0900 Total Body Blast w/ Erica	29 0915 Vinyasa Yoga w/ Robin	30 0900 Total Body Blast w/ Erica 1700 Zumba w/ Yvonne				Cost: \$6/class or \$54 for 10.