

# Kelley Fitness Center



September 2025

## Group Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Federal Holiday No Classes</b>	2 0800 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem 1815 Restorative Yoga w/ Katie	3 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	4 1130 Fit & Fast in 45 w/ Tasneem <del>1700 Krav Maga w/ Josh</del>	5 1130 Fit & Fast in 45 w/ Tasneem	6
<del>1130 Yoga w/ Bobbi</del>	8 0800 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem 1700 Kickboxing w/Tasneem 1815 Restorative Yoga w/ Katie	9 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	10 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	11 1130 Fit & Fast in 45 w/ Tasneem	12 13
<del>1130 Yoga w/ Bobbi</del>	15 0800 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem 1700 Kickboxing w/ Tasneem 1815 Restorative Yoga w/ Katie	16 1130 Vinyasa Yoga w/ Robin 1700 Zumba w/ Yvonne	17 1130 Fit & Fast in 45 w/ Tasneem 1700 Krav Maga w/ Josh	18 1130 Fit & Fast in 45 w/ Tasneem	19 20
<del>1130 Yoga w/ Bobbi</del>	22 0800 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem 1700 Kickboxing w/Tasneem 1815 Restorative Yoga w/ Katie	23 <del>1130 Vinyasa Yoga w/ Robin</del> 1700 Zumba w/ Yvonne	24 1130 Fit & Fast in 45 w/ Tasneem <del>1700 Krav Maga w/ Josh</del>	25 1130 Fit & Fast in 45 w/ Tasneem	26 27
<del>1130 Yoga w/ Bobbi</del>	29 0800 Dynamic Vinyasa w/ Katie 1130 Fit & Fast in 45 w/ Tasneem 1700 Kickboxing w/Tasneem 1815 Restorative Yoga w/ Katie	30			Group Fitness Classes \$6/class or \$54 for 10 coupons