January 2018 Group Fitness Classes Robinson Fitness Center

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 0711-819-6317

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness

Mon	Tue	Wed	Thu	Fri	Sat/Promos
1. CLOSED 	2.	3. 0830 Bootcamp + w/ Rocky	4. 1830 Spin w/Rocky	5.	6.
8. 0830 Bootcamp w/Rocky 0945 B2M Reboot w/ Rocky	9. .	10. 0830 Bootcamp + w/ Rocky 0930 Zumba w/Viviana 1830 Spin w/Rocky	11.	12.	13.
15. MLK DAY! NO CLASS!	16.	17. 0830 Bootcamp + w/ Rocky 0930 Zumba w/Viviana	18. 1830 Spin w/Rocky	19.	20.
22. 0830 Bootcamp w/Rocky 0945 B2M Reboot w/ Rocky	23.	24. 0830 Bootcamp + w/ Rocky 0930 Zumba w/Viviana	25. 1830 Spin w/Rocky	26.	27.
29. 0830 Bootcamp w/Rocky 0945 B2M Reboot w/ Rocky	30.	31. 0830 Bootcamp + w/ Rocky 0930 Zumba w/Viviana		* Denotes sub, new instructor, or new class.	GROUP X CLASSES Cost: $5.00/class $45.00 for 10 classes