

November 2017 Robinson

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 0711-819-6317

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes		1. 0830 Chisel w/Rocky 0930 Zumba w/Rachael	2. 1800 Spin w/Rocky	3.	4.
6. 0830 Boot Camp w/Rocky	7. 1800 HIIT w/Rocky .	8. 0830 Chisel w/Rocky 0930 Zumba w/Viviana	9. 1800 Spin w/Rocky- <u>NO CLASS</u>	10. Veteran's Day 	11.
13. 0830 Boot Camp w/Rocky	14. 1800 HIIT w/Rocky	15. 0830 Chisel w/Rocky 0930 Zumba w/Viviana	16. 1800 Spin w/Rocky	17.	18.
20. 0830 Boot Camp w/Rocky	21. 1800 HIIT w/Rocky	22. 0830 Chisel w/Rocky 0930 Zumba w/Viviana	23. CLOSED 	24.	25.
27. 0830 Boot Camp w/Rocky	28. 1800 HIIT w/Rocky	29. 0830 Chisel w/Rocky 0930 Zumba w/Viviana	30. 1800 Spin w/Rocky		