

November 2017 Panzer

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 07031.15.2724

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes		1. 0845 Spin w/Danielle 1000 HIIT X w/Sanel 1130 Yoga w/Robin F.	2. 0900 Chisel HIIT X w/Rocky 1630 Bootcamp w/Mirka	3. 0845 Spin w/Kelli	4.
6. 0900 HIIT X w/Sanel	7. 0900 Bootcamp w/Robin G. 1600 Bootcamp w/Mirka	8. 0845 Spin w/Danielle 1000 HIIT X w/Sanel 1130 Yoga w/Robin F.	9. 0900 Chisel HIIT X w/Rocky - NO CLASS 1630 Bootcamp w/Mirka	10. Veterans 'Day 	11.
13. 0900 HIIT X w/Sanel	14. 0900 Bootcamp w/Robin G. 1600 Bootcamp w/Mirka	15. 1000 HIIT X w/Sanel 1130 Yoga w/Robin F.	16. 0900 Chisel HIIT X w/Rocky 1630 Bootcamp w/Mirka	17. 0845 Spin w/Kelli	18.
20. 0900 HIIT X w/Sanel	21. 0900 Bootcamp w/Robin G. 1600 Bootcamp w/Mirka	22. 0845 Spin w/Danielle 1000 HIIT X w/Sanel 1130 Yoga w/Robin F.	23. CLOSED 	24. 0845 Spin w/Kelli- NO CLASS	25.
27. 0900 HIIT X w/Sanel	28. 0900 Bootcamp w/Robin G. 1600 Bootcamp w/Mirka	29. 0845 Spin w/Danielle 1000 HIIT X w/Sanel 1130 Yoga w/Robin F.	30. 0900 Chisel HIIT X w/Rocky 1630 Bootcamp w/Mirka		