

Panzer Fitness Center



September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Federal Holiday No Classes	2 0915 Vinyasa Yoga w/ Robin	3 0900 Total Body Blast w/ Erica	4 0915 Yoga for Strength & Mobility w/ Robin	5 0900 Total Body Blast w/ Erica	6
8 0900 Total Body Blast w/ Erica	9 0915 Vinyasa Yoga w/ Robin	10 0900 Total Body Blast w/ Erica	11 0915 Yoga for Strength & Mobility w/ Robin	12 0900 Total Body Blast w/ Erica	13
15 0900 Total Body Blast w/ Erica	16 0915 Vinyasa Yoga w/ Robin	17 0900 Total Body Blast w/ Erica	18 0915 Yoga for Strength & Mobility w/ Robin	19 0900 Total Body Blast w/ Erica	20
22 0900 Total Body Blast w/ Erica	23 0915 Vinyasa Yoga w/ Robin	24 0900 Total Body Blast w/ Erica	25 0915 Yoga for Strength & Mobility w/ Robin	26 0900 Total Body Blast w/ Erica	27
29 0900 Total Body Blast w/ Erica	30 0915 Vinyasa Yoga w/ Robin				Group Fitness Classes \$6/class or \$54 for 10 coupons