

June 2019 Group Fitness Classes Panzer Fitness Center

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 07031.15.2724

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
3 0900 HIIT X w/Sanel 1730 Zumba w/ Veronica	4 0900 Learn to Lift w/ Mirka 1130 Yoga w/Andrea 1630 Bootcamp w/ Mirka	5 0900 HIIT X w/Sanel 1730 Zumba w/ Nai Nai	6 0900 Yoga w/Brienna 1630 Bootcamp w/ Mirka	7 0900 HIIT X w/Sanel	8
10 0900 HIIT X w/*Traci 1730 Zumba w/ Veronica	11 0900 Learn to Lift w/ Mirka 1130 Yoga w/Andrea 1630 Bootcamp w/ Mirka	12 0900 HIIT X w/*Traci 1730 Zumba w/ Nai Nai	13 0900 Yoga w/Brienna 1630 Bootcamp w/ Mirka	14 No Classes— Facility Closed Unmanned access 0900-1500	15
17 0900 HIIT X w/Sanel 1730 Zumba w/ Veronica	18 0900 Learn to Lift w/ Mirka 1130 Yoga w/Andrea 1630 Bootcamp w/ Mirka	19 0900 HIIT X w/Sanel 1730 Zumba w/ Nai Nai	20 0900 Yoga w/Brienna 1630 Bootcamp w/ Mirka	21 0900 HIIT X w/Sanel	22
24 0900 HIIT X w/Sanel 1730 Zumba w/ Veronica	25 0900 Learn to Lift w/ Mirka 1130 Yoga w/Andrea 1630 Bootcamp w/ Mirka	26 0900 HIIT X w/Sanel 1730 Zumba w/ Nai Nai	27 0900 Yoga w/*Traci 1630 Bootcamp w/ Mirka	28 0900 HIIT X w/Sanel	29 GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes
				Please note: Classes are subject to change pending instructor availability.	* Denotes sub, new instructor, or new class