

June 2019 Group Fitness Classes Kelley Fitness Center

Mon-Fri 05:00-20:00 Sat/Sun/Holidays 07:30-15:00 CIV 0711-729-2543

*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
3 1130 Yoga w/Brandy	4 *0600 Spin w/ Raul 1130 Yoga w/Brienna	5 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	6 *0600 Spin w/ Raul 1715 Yoga w/Brandy	7 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	8
10 1130 Yoga w/Brandy	11 *0600 Spin w/ Raul 1130 Yoga w/Brienna	12 1000 Parent & Me Yoga w/Colleen 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	13 *0600 Spin w/ Raul *1000 Bootcamp w/ Mirka 1715 Yoga w/Brandy	14 No Classes— Facility Closed Unmanned access 0900-1500	15
17 1130 Yoga w/*Robin	18 *0600 Spin w/ Raul 1130 Yoga w/Brienna	19 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	20 *0600 Spin w/ Raul 1715 Yoga w/*Colleen	21 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	22
24 1130 Yoga w/Brandy	25 *0600 Spin w/ Raul 1130 Yoga w/Brienna	26 1000 Parent & Me Yoga w/ Colleen 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	27 *0600 Spin w/ Raul 1715 Yoga w/Brandy	28 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	29 *Denotes new class/sub/ temp class/instructor
				Please note: Classes are subject to change pending instructor availability.	GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes