

Patch Fitness Center



May 2023

Group Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 0900 Kickboxing* w/ Erica 1130 Yoga w/ Bobbi	5 0900 Zumba w/ Biby	6
8 0900 Zumba w/Biby	9 1130 Yoga w/ Robin	10 0930 Zumba w/ Wilfa	11 0900 Kickboxing* w/ Erica 1130 Yoga w/ Bobbi	12 0900 Zumba w/ Biby	13
15 0900 Zumba w/Biby	16 1130 Yoga w/ Robin	17 0930 Zumba w/ Wilfa	18 0900 Kickboxing* w/ Erica 1130 Yoga w/ Bobbi	19 0900 Zumba w/ Biby	20 Group Fitness Classes \$5/class or \$45 for ten coupons *Special pricing applies
22 0900 Zumba w/Biby	23 1130 Yoga w/ Robin	24 0930 Zumba w/ Wilfa	25 0900 Kickboxing* w/ Erica 1130 Yoga w/ Bobbi	26 0900 Zumba w/ Biby	27 Classes subject to instructor availability
29 Federal Holiday No Classes	30 1130 Yoga w/ Robin	31 0930 Zumba w/ Wilfa	<p>- T/Th 1130 Yoga classes meet at Patch Library.</p> <p>- All other morning classes meet at old elementary school on <u>Panzer</u>.</p>		