

# January 2019 Group Fitness Classes Kelley Fitness Center

Mon-Fri 05:00-20:00 Sat 7:30-15:00 Sun/Holidays Closed CIV 0711-729-2543

\*CLASSES SUBJECT TO CHANGE BASED ON INSTRUCTOR AVAILABILITY

<http://stuttgart.armymwr.com/europe/stuttgart/categories/sports-and-fitness>



Mon	Tue	Wed	Thu	Fri	Sat/Promos
31. 1700 Zumba w/Theresa	1.  HAPPY NEW YEAR	2. 1130 Yoga w/Brandy* 1715 Zumba w/Theresa	3. 1130 Yoga w/Brandy	4 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	5.
7. 1700 Zumba w/Theresa	8. 1130 Yoga w/Brienna	9. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	10. 1130 Yoga w/Brandy	11. 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	12.
14. 1700 Zumba w/Theresa	15. 1130 Yoga w/Brienna	16. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	17. <del>1130 Yoga w/Brandy</del>	18. 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	19.
21. 1700 Zumba w/Theresa	22. 1130 Yoga w/Brienna	23. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	24. <del>1130 Yoga w/Brandy</del>	25. 1000 Bootcamp w/ Mirka 1145 Zumba w/ NaiNai	26.
28. 1700 Zumba w/Theresa	29. 1130 Yoga w/Brienna	30. 1130 Yoga w/Robin F. 1715 Zumba w/Theresa	31. 1130 Yoga w/Brandy	GROUP X CLASSES Cost: \$5.00/class \$45.00 for 10 classes	Attention patrons: All Group X classes will be held in the upstairs room of the Kelley Theater until fur- ther notice.  * Denotes sub, new instruc- tor, or new class.